



# Psychiatry

for adults with learning disabilities



**NHS**

 Camden

# What is a psychiatrist?



A psychiatrist is a doctor who can help you with your mental and emotional health



A psychiatrist can help you if you are experiencing mental illness, like



- depression

feeling sad or down a lot of the time



- anxiety

feeling worried or stressed a lot of the time



- psychosis

hearing, seeing or believing things that are not real



- dementia

having trouble remembering things

# A psychiatrist can help you by...



- talking with you



- giving you medication



- working with others to help you

# We can see you at...



- your home



- your work



- your day service

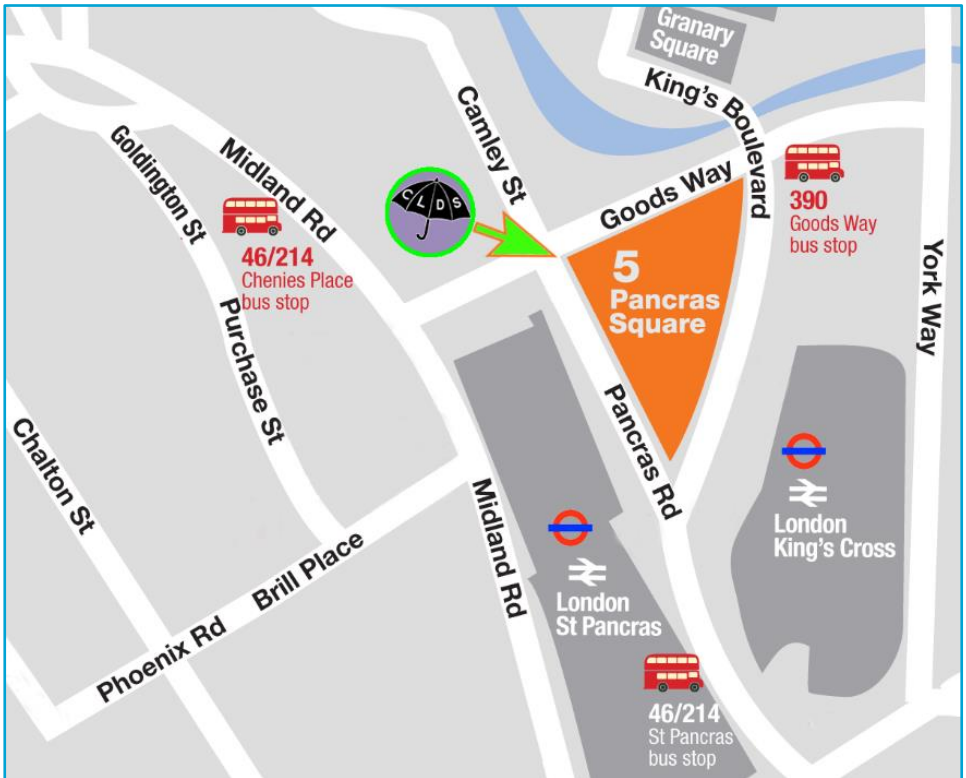
# We can see you at...



- college



- 5 Pancras Square





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- the rules say we can
- or
- you have said we can
- or
- you or other people may be at risk of harm if we do not



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