



1 May
2024

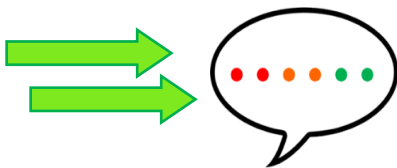


This meeting was held at Greenwood

Welcome and introductions



The co-chairs **Andrew** and **Jackie** welcomed everyone to the meeting



Actions and updates from the last meeting



The update on actions presentation is on the [Planning Together website](#)



If you want to join the emotional regulation group you can email Isobel at

isobel.doherty@camden.gov.uk



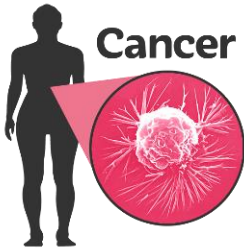
Someone from the psychology team will get in touch to make sure it's the right group for you



CLDS updates from the last meeting



Jasmin Oven is the new health facilitator focusing on cancer screening



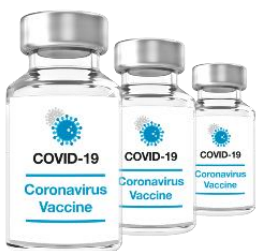
Jasmin will work with services to support checks that can help stop people getting cancer – these are smear, breast and bowel cancer screening checks



Jasmin will work alongside people with LD to think about the clinics and how to make things easier to understand



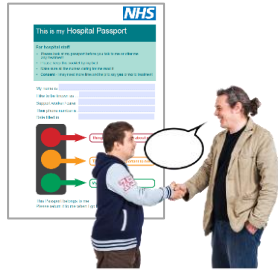
Healthfest will be on **Friday 14 June** – we are working hard to include more residents and have more support workers coming to the event



The Covid vaccine is now available for people more at risk of getting quite ill if they get Covid – you will get a text or letter if you are eligible for a vaccine



Everyone in supported living has a hospital passport



We will now look at floating support – they've had some time to get to know the new people they are working with after The Camden Society closed



Courtney from UCLH said the information in the passports is much better now – this really helps the nurses and doctors to understand a person's needs



If you want help to fill out a hospital passport you can call the First Contact team for support on **020 79 74 37 37**



Social worker Genevieve has moved to a different job for 1 year – she is working on what we can do differently to give better support to carers



Lead practitioner Illrette has now left CLDS



Services when people reach age 25



There is a presentation from Synergy on the [Planning together website](#)



Synergy performed a role play about the experiences of someone turning **25**



There does not seem to be a plan in place for people turning **25** – information about college and funding is confusing



When college stops people lose their network, they don't keep in touch by phone, or know how to link into things



The presentation said people would like a guide – someone should work on developing this service



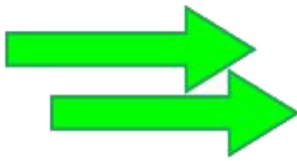
Crina, the head of CYPDS, said feedback was helpful and she liked the idea of a guide



There is the Camden Local Offer for people aged under **18** – maybe we could have a guide like this for people aged over **25**



It would be useful to have the guide in different formats such as a booklet, on the website and in person meetings



★ Action

Share this feedback with the day opportunities review happening in the council



Adult Community Learning



Mark Isherwood talked about this service run by Camden - they can offer

- free classes for people over the age of **19** – they also work with families
- help to find work





- an advice service – they can signpost you to other organisations that might have things of interest to you



- courses running in different community buildings



- a wide choice of classes - if enough people are interested in something they can ask to have the new class added



- and they are used to working with a wide range of people – some classes are for certain groups such as older people, carers or people with LD



You can find out more about the service on the [Planning together website](#)



Unity Works have run adult community learning classes in Camden before - they have stopped classes this year to find out what people want



They will be asking if they can be an Adult Community Learning provider - all their classes are small in-person sessions using easy read



Living a Good Life



The presentation is on the [Planning together website](#)



As part of the Living a Good Life project there is the Opportunities Planning Group - this is a meeting for people to

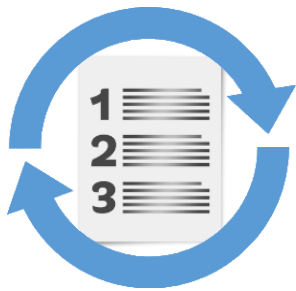
- think about what's important to them
- choose what activities they want to do
- and speak to providers about the best way to do this



Laurie, head of inhouse provider services talked about a review of day services - they want to find activities people really want to do and enjoy



They set up a group at Kingsgate day centre for people who used to attend Choices - feedback from staff at Kingsgate is positive



It's important the directory is always up to date – it gets updated at the Opportunities Planning Group where there are lots of different people sharing information about activities

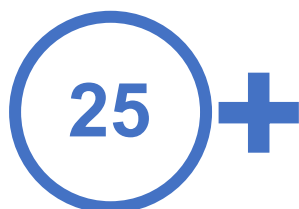


Chris from Islington is interested in Camden's **Things to do** wiki – he suggested there could be a shared wiki with Islington



You can find the [Things to do wiki](https://www.rixwiki.org/camden/10297/?from=%2Fcamden) at

<https://www.rixwiki.org/camden/10297/?from=%2Fcamden>



There are lots of activities in the wiki but there isn't much for people over **25** with a LD



People can arrange to be at the Opportunities Planning Group to try and work through what they're looking for - things are out there but sometimes they can be hard to find



Andrew said if there is more need for the Opportunities Planning Group more resources can be put into it



Suzanne gave feedback about the group and how it could be better

- Unity Works come to all the meetings to talk about what they offer – but they don't often get referrals from social workers



- it can feel like the social worker doesn't know the person very well – it could be the person has only just been allocated to them



- Suzanne would love to talk directly to the person and their families

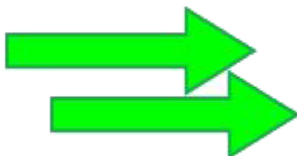


Everyone agreed it would be good for people to go to their own Opportunities Planning Group meeting



Andrew said it makes sense to have a group for all college leavers at the same time - for other people it's when they ask rather than about age

★ Action



The Opportunities Planning Group will think about how they can feedback what people are asking for to the Adult Community Learning service



Some people thought it would be nice to know what's available in neighbouring boroughs

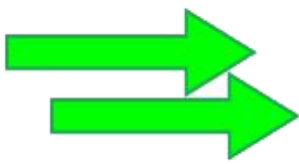


Sometimes information about the person and what they want gets lost along the way – we need to hear the voice of the person



Louise Roberts, who supports the Opportunities Planning Group, said the person with LD is always invited to the group - sometimes they don't want to come to the meeting

★ Action



Andrew to speak with Catherine about how more people with LD can attend the Opportunities Planning Group



Unity Works



Suzanne talked about the things on offer from Unity Works – you can see her presentation on the [Planning together website](#)



A trainee from Greenwood café spoke about their experience working there



Placements at the café are not time limited and are for anyone over the age of **18** with a LD



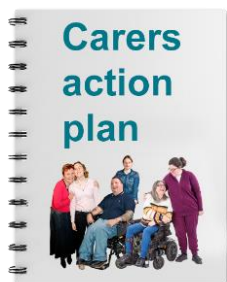
Everyone has an Individual Learning Plan where the person sets out their goals – this is looked at least once a year



There is an end of year review where changes can be made - for example, the days they attend



We heard about **1** apprentice who has been working at a luxury hotel for over **5** years – Unity Works worked with the employer to support the apprentice into the job



Carers Action Plan



You can see the presentation from Jessica and Shanta on the Carers Action Plan on the [Planning together website](#)



They talked about carers who are not being paid and are giving their time for free – for example parents, friends, family members or neighbours



If a carer is caring for someone, they should be able to contact people like the social worker, to talk about

- what would happen in an emergency



- who will help the people they are caring for if they go into hospital



- and they need to make sure those plans are in place if there is an emergency



The action plan talks about how carers can find out about information that will support them, and their legal rights



Lots of carers in Camden don't know as much as they should - the plan includes

- going out and talking to more people



- sharing information



- and reaching out to community centres and places people go to speak and make sure they know what support is there



We want more meetings for carers - there will be the Carers Partnership Board and they will go to more places like community centres and libraries to reach more carers



Carers have said they want more information in one place - this is in the action plan for Planning Together to work out the best way to do this



It was pointed out a lot of carers are getting older - there is no plan for when they get ill or die



Any family carer that wants an emergency plan can get in touch with CLDS - there is information they can share to help with planning for change



A charity called Together Matters have produced resources to help with planning for change – it's called Thinking Ahead



You can download the information from their website at

[Together Matters](https://www.togethermatters.org.uk/)

<https://www.togethermatters.org.uk/>



They look at basic and difficult things such as dying, housing, where the person lives, who will look after them



Jessica said when they talk about managing money it includes benefits and carers allowance - they are working with Camden Carers and Mobilise to make sure people know how much Carers Allowance is and what someone can earn while claiming



If you want to give feedback about the Carers Action Plan you can contact

jessica.lawson@camden.gov.uk

shanta.joseph@camden.gov.uk

or katy@camdencarers.org.uk





Topics for the next meeting



- **Georgia Gould**, leader of the Council and **Chris Lehmann**, deputy director of adult social care want to hear from Synergy, carers and providers

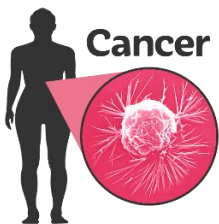
They have **3** questions for people to think about



- what is working well in Camden?
- what is your main challenge?
- what one change would you make in Camden if you had a magic wand?



- Mental Health services and reasonable adjustments



- LD cancer screening team



- options for people when they are ready to move home



- changes to PIP

Any Other Business

PIP consultation



There is an **open consultation** on what the government is saying about PIP and possible changes

An **open consultation** is when the public can give their views and feedback on a suggestion



Here is a link to the consultation – the consultation is not in easy read
government PIP consultation

<https://www.gov.uk/government/consultations/modernising-support-for-independent-living-the-health-and-disability-green-paper>

Universal Credit Changes



The Department of Work and Pensions has told Camden they are rolling out Universal Credit for all people in Camden more quickly than they said before – Camden are worried because of the risk that people could lose benefits



It will affect everyone on benefits including Income Support and Employment Support Allowance



People will be sent a letter and have **3** months and **1** day to reply – if they don't reply within this time their benefits will stop

Camden are worried people living on their own may not fully understand what they need to do – they want



- providers, carers groups and people to know about the letter and make sure an application for the new benefit is made



- a system in place to support applications

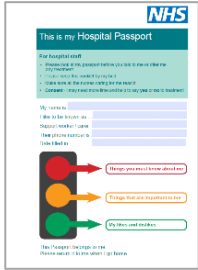


- to share information and ways to get support to complete the form and keep track of it

Hospital Discharge Team



There is a new hospital discharge team working with Camden Carers - they are happy to come and talk at Planning Together if that's what people want



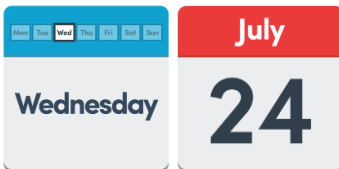
Hospital Passport Sessions for Carers

The next hospital passport session is on **24 May** – if you would like more information about sessions email Katy at katy@camdencarers.org.uk



Next Planning Together meeting

The next Planning Together meeting will be



on **Wednesday 24 July 2024**



at **10am**



The meeting will be at **Greenwood**