

What I do in the week

day	what I did					
	breakfast		lunch		dinner	
						
						
						
						
						
						
						

instructions

- your worker will help you fill in this sheet
- you and your worker will write or draw what you do everyday
- the diary can be filled in
 - when you think it is important to
 - whenever you remember
- some examples of when you can fill in the diary are at
 - breakfast
 - lunch
 - dinner